



# Epilepsy Awareness and the Administration of Buccal Midazolam

*For Professionals*



## About the Course

Epilepsy Ireland provides training in Epilepsy Awareness and the Administration of Buccal Midazolam to individuals who support people with epilepsy through their profession or in a community setting.

Examples of people who attend this training are healthcare workers, education staff, bus escorts, employers/employees (working alongside a person with epilepsy), community workers in both private and voluntary sectors and facilitators of extra-curricular activities in the community.

In these professions, it can be common to be caring for or supporting a person with epilepsy and the aim of this training is to ensure that the professionals in attendance develop a greater understanding of epilepsy and know how to correctly administer Buccal Midazolam.

Buccal Midazolam is a rescue medication which has become more widespread in recent years and one which can be very important for people with epilepsy. It is administered during a seizure under medical advice and if given promptly, helps to reduce seizure duration.

This relatively simple procedure can prevent major disruption to daily life resulting from hospital emergency treatment that can result from a prolonged seizure.

## Cost

To help make our Training as accessible as possible to Professionals, we offer our training in several formats. The type and associated costs are outlined below:

- Online - €80 per person attending.
- In-house - €80 per person attending.
- In-person - €100 per person attending (to accommodate for cost of venues and staff travel.)
- Refresher (online only) - €40 per person attending.

***“This was a wonderful course; it has reassured me and I am now looking forward to caring for these kids instead of being terrified.”***

# Course Content

Whether attending our Epilepsy Awareness & Administration of Buccal Midazolam course online or in-person, the session will give you a comprehensive overview of epilepsy. The course is structured into two parts and these are outlined below.

## Part 1: Epilepsy Awareness

- What is epilepsy?
- Causes of epilepsy
- Diagnosis of epilepsy
- What is a seizure?
- Types of seizures
- Stages and management of Focal seizures
- Stages and management of Tonic Clonic Seizures
- When to call an ambulance
- Seizure triggers
- Treatment options
- Medication side effects
- Lifestyle implications
- Recording seizures
- Epilepsy Care Plan



## Part 2: Buccal Midazolam

- What is Midazolam?
- How Buccal Midazolam works
- Advantages of Buccal Midazolam
- Potential side effects
- Protocol
- Indications for use
- Convulsive and non-convulsive status
- How to prepare Buccal Midazolam
- Practical demonstration
- Evaluation and Close



Participants will take a written assessment at the end of each module. On successfully passing these assessments (To pass participants must achieve 75%) participants will receive a Certificate of Attendance (valid for 2 years). Delegates are then deemed competent to administer Buccal Midazolam in an emergency situation. It is the responsibility of the Organisation to ensure that the necessary support procedures are in place for the safe administration of Buccal Midazolam in accordance with Epilepsy Specialist Nurse Association Guidelines.



***The trainer was very interactive with the group, which made it easy to ask any questions and discuss our queries further to support our unique situation***



## Contact Us

If you have any queries about our Epilepsy Awareness and Administration of Buccal Midazolam training, please contact Epilepsy Ireland Training & Quality Manager, Edel Curran, by emailing:

[training@epilepsy.ie](mailto:training@epilepsy.ie)

To view upcoming online and in-person training events, please visit the events section of our website by scanning the QR code below.



**Together, we can achieve a society where no person's life is limited by epilepsy.**

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*I feel I have come away from this course with a wealth of knowledge.*

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